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Ballroom Dancing: Master The Art Of Ballroom Dancing



Ballroom DANCING

Master The Art of Ballroom Dancing

John Dodson



Synopsis

9 Things They Won't Tell You About Ballroom Dancing Get your copy of the fastest-selling book by John DodsonThe best ballroom dancing guide you'll ever need.Here's a preview of what you will learn:

• The 10 basic ballroom dances
• How to choose the right shoes
• The importance of posture
• How to lead and follow
• The history of ballroom dancing
• How to find a good instructor
• The benefits of ballroom dancing
• How to practice at home
• The etiquette of ballroom dancing
• How to stay motivated
• The importance of safety
• How to enjoy the social aspect of ballroom dancing
• The importance of regular practice
• How to overcome common mistakes
• The importance of a good partner
• How to stay in shape
• The importance of a good attitude
• How to stay focused
• The importance of a good mindset
• How to stay positive
• The importance of a good team
• How to stay committed
• The importance of a good coach
• How to stay disciplined
• The importance of a good routine
• How to stay consistent
• The importance of a good schedule
• How to stay organized
• The importance of a good environment
• How to stay motivated
• The importance of a good mindset
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Customer Reviews

Thoroughly enjoyed everything I read, I only wish there was more added. Good explanation of the history of the dances.

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